



How to take ImPACT:

IN A QUIET, UNDISTURBED ENVIRONMENT

You need a computer that is internet capable, with a flash player and with an external mouse. Plan on 20-30 minutes.

1. Type in the address or click this link www.impacttestonline.com/testing
2. Enter the following code: ~~C49Q4S8C9S~~ **ZXR9WPYK6I**
3. Find Massachusetts in the drop down box at the bottom.
4. Follow the on screen prompts.
5. At the end of the test, be sure to hit "**Submit**"!
6. If you have any technical problems, try using a different internet browser (Chrome, Explorer, Firefox etc.)
7. If you do not have access to a computer, the program crashes, or the link doesn't work etc. [please contact our Athletic Trainer](#)

The program measures multiple aspects of cognitive functioning in athletes, including: attention span, working memory, sustained and selective attention, response variability, non-verbal problem solving, and reaction time.